

## CHAPTER V

### CONCLUSION AND SUGGESTION

#### 5.1 CONCLUSION

Based on the research and various scene in Soul, Reinforcement and shaping have a crucial role in the emotional development and decision-making of the main character, Joe Gardner. It is clear from the research and many Soul sceneries that Joe Gardner's emotional growth and decision-making are greatly influenced by shaping and reinforcement. Development of Joe' character did not feel forced because Joe is portrayed as an ordinary man who is learning to live, the audience can most definitely related on Joe's character who. The film clearly demonstrates how diverse responses to conduct, whether positive or negative, affect the personality, relationships, and emotional resilience Joe experiences.

He received positive reinforcement when he watched 22, a cynical soul who was hesitant to come to Earth, become enthusiastic about ordinary experiences in the earth. For example, 22's excitement in tasting pizza or experiencing the breeze indirectly validated Joe's emotions. Joe's admiration and delight for 22's comments, while initially intended to inspire 22, eventually reinforced Joe's own opinion that the "spark" of life is more than just major career successes, but

also the fundamental joy of small everyday moments. This prompted Joe to ponder on the importance of mindfulness and emotional connection.

Joe Gardner's journey incorporates both positive and negative reinforcement, allowing him to acquire empathy, appreciation for tiny moments, and a greater understanding of life's "spark" through emotional validation and shared experiences with 22. Gradually reducing the obsessions, concerns, and illusions that keep Joe from realizing the true purpose of his life, allowing him to let go of burdens and pursue genuine happiness.

Joe Gardner's metamorphosis demonstrates how these two operant conditioning methods can act together to produce substantial behavioral and mental changes. Joe finally understands that life is about living each moment with awareness and enjoyment, rather than pursuing a single objective. This is the film Soul's fundamental message, which emphasizes the significance of striking a balance between ambition and life fulfillment. He finally being a better person, from the ignorant to respectful, he got support from mother and everyone else. his belief that he has a chance at life

## 5.2 SUGGESTION

Based on the key, build positive habits through praise, as Joe did with 22, which creates mindful habits and reduces stress and ambition, and can increase happiness, as Joe learned from live jazz. Storytelling can also motivate people to give good advice, strengthen self-confidence and enthusiasm, and take time to refresh themselves, which led to Joe's pizza moment of self-appreciation. In the era of "based on a true story," we must ask: "Is Joe true?" Some sources claim it is, but the details are unclear. It was scheduled for a "brief and limited cinema release." It is now becoming increasingly popular on streaming platforms. So, is it inspired by true events? Yes, but the specifics are likely to include cinematic liberties. However, the emotional core is grounded in reality. Consider it "inspired by" rather than "real events".

