



UNIVERSITAS NASIONAL

**ANXIETY IN THE FILM *DON'T WORRY DARLING*
(2022)**

UNDERGRADUATE THESIS

Submitted in partial fulfillment of the requirements for the Sarjana
Sastra (S.S)

**ADELA MAHARANI
222003516014**

**FACULTY OF LANGUAGES AND LITERATURE
ENGLISH LITERATURE STUDY PROGRAM
JAKARTA
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SKRIPSI

Diajukan sebagai Salah Satu Syarat untuk Memperoleh Gelar
Sarjana Sastra (S.S)

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222003516014**

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JAKARTA
2026**

FORM OF APPROVAL

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ANXIETY IN THE FILM *DON'T WORRY DARLING* (2022)

Head of English Literature English
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Prof. Dr. Dra. Sylvie Mciliana., M.Hum.

February 25th, 2026

February 25th, 2026

FORM OF RATIFICATION

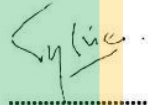
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ANXIETY IN THE FILM *DON'T WORRY DARLING* (2022)

is my own work and contains no plagiarism, it has not been submitted previously for any other assessed unit on this or degree courses.

I have read and understand the University Regulation on Conduct of Examinations.

Jakarta February 25, 2026



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Jakarta, February 25, 2026

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A handwritten signature in black ink, appearing to read "Adela", is written over the logo.

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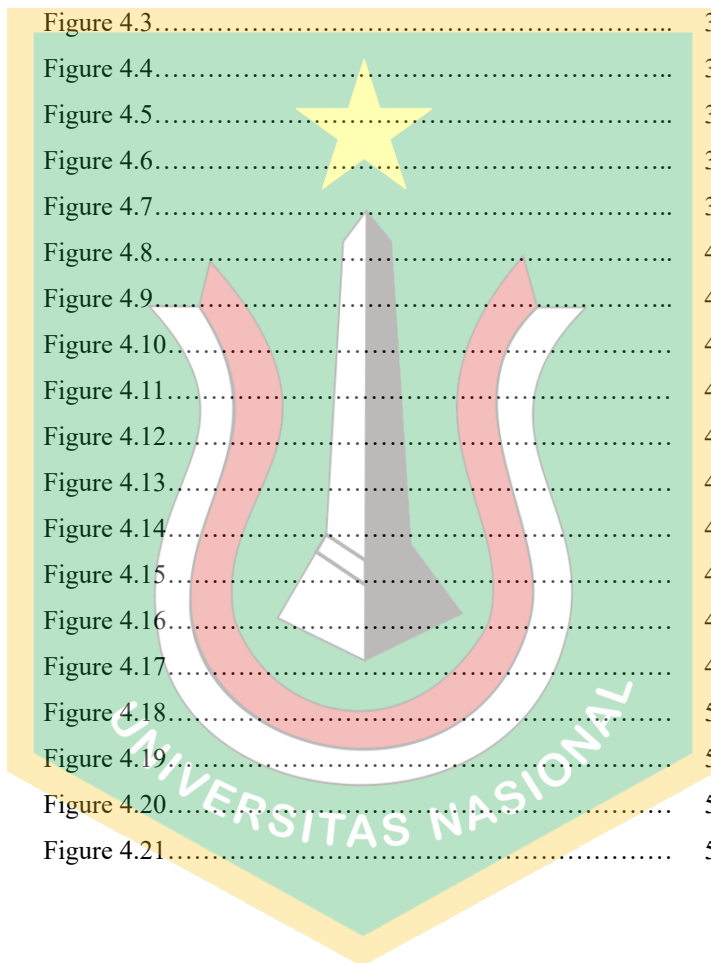
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ABSTRAK

Penelitian ini berjudul Anxiety in the film Don't Worry Darling (2022). penelitian ini bertujuan untuk menganalisis struktur kepribadian dari tokoh Alice, yang mana sebagai karakter utama di film ini. penelitian ini menggunakan teori psikoanalitik dari Sigmund Freud, penelitian ini berfokus pada menganalisis peran dari Id, Ego, dan Superego, serta mengkaji berbagai jenis kecemasan yang dialami oleh Alice akibat konflik batin yang Alice alami. Penelitian ini juga menggunakan metode kualitatif deskriptif, serta menganalisis dialog dan adegan yang ada di dalam film. Temuan menunjukkan bahwa dari kepribadiannya Alice lebih didominasi oleh Ego, yang berfungsi berdasarkan prinsip realitas dalam merespons peristiwa-peristiwa aneh dan saling bertentangan di Victory. Tetapi, konflik antara Id, Ego, Superego sebagai tiga struktur kepribadian menurut Freud menimbulkan dan menghasilkan kecemasan dalam diri Alice. Data ini terdiri dari 12 temuan yang menggambarkan interaksi antara Id, Ego, dan Superego dalam struktur kepribadian, serta munculnya tiga jenis kecemasan, yaitu reality anxiety, neurotic anxiety, dan moral anxiety.

Kata kunci: *Psikoanalisis, Id, Ego, Superego, Kecemasan, Analisis Film.*



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ABSTRACT

This study is titled Anxiety in the film *Don't Worry Darling* (2022). This study aims to analyze the personality structure of the character Alice, who is the main character in this film. This study uses Sigmund Freud's psychoanalytic theory, focusing on analyzing the roles of the Id, Ego, and Superego, as well as examining the various types of anxiety experienced by Alice as a result of her inner conflict. This study also uses descriptive qualitative methods and analyzes the dialogues and scenes in the film. The findings show that Alice's personality is dominated by the Ego, which functions based on the reality principle in responding to strange and conflicting events in *Victory*. However, the conflict between the Id, Ego, and Superego, the three personality structures according to Freud, causes and produces anxiety in Alice. This data consists of 12 findings that describe the interaction between the Id, Ego, and Superego in the personality structure, as well as the emergence of three types of anxiety, namely reality anxiety, neurotic anxiety, and moral anxiety.

Keywords: Psychoanalysis, Id, Ego, Superego, Anxiety, Film Analysis.

