



**ANXIETIES ANALYSIS ON THE MAIN CHARACTER (AZA)
OF TURTLES ALL THE WAY DOWN MOVIE**

Undergraduate Thesis

Submitted in partial fulfillment of the requirements
for the Sarjana Sastra (S.S)

ELDA ELVINA

212003516005

**ENGLISH LITERATURE STUDY PROGRAM
FACULTY OF LANGUAGES AND LITERATURE
UNIVERSITAS NASIONAL
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FORM OF APPROVAL

We hereby certify that MISS ELDA EL VINA, a registered student of this university and having completed the writing of her Undergraduate Thesis in accordance with her requirements of the University, is declared ready for defense.

Title of undergraduate Thesis:

**ANXIETIES ANALYSIS ON THE MAIN CHARACTER (AZA) OF
TURTLES ALL THE WAY DOWN MOVIE**

Head of Study Program

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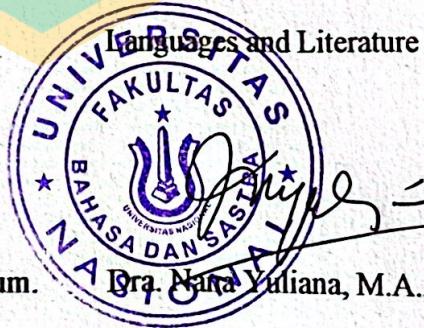
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FORM OF PLAGIARISM STATEMENT

The undersigned

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declares that, apart from properly referenced quotations, this Undergraduate Thesis entitled:

**ANXIETIES ANALYSIS ON THE MAIN CHARACTER (AZA) OF
TURTLES ALL THE WAY DOWN MOVIE**

is my own work and contains no plagiarism, it has not been submitted previously for any other assessed unit on this or other degree courses.

I have read and understood the University Regulations on Conduct of Examinations.

Jakarta, August 23rd, 2025



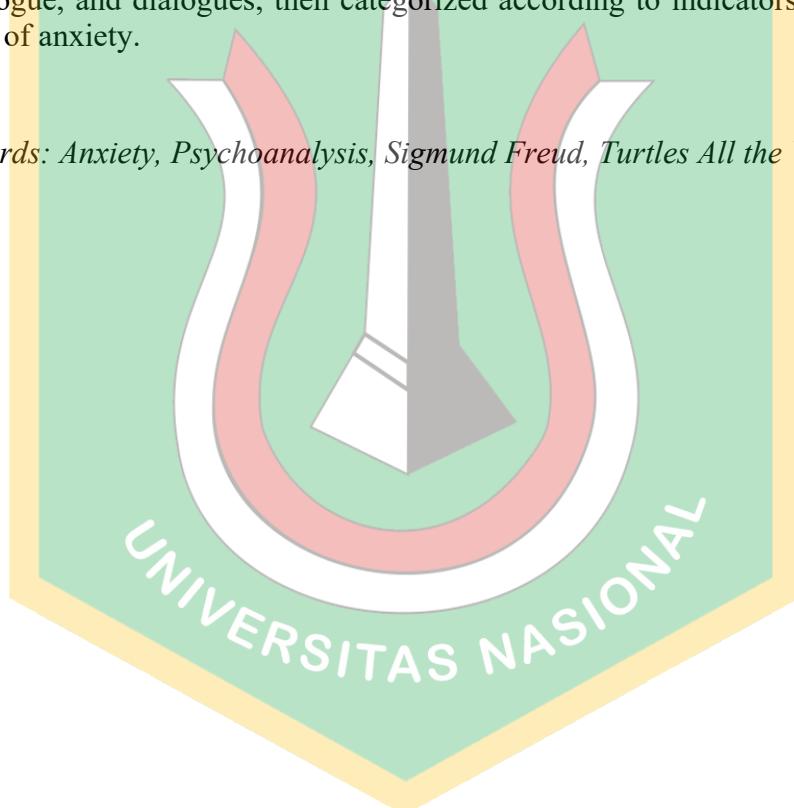
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ABSTRACT

Sometimes humans experience fear and this fear can cause anxiety. In this case, the researcher is interested in analyzing the topic of anxieties that occurs in the main character Aza Holmes in the film “Turtles All the Way Down” (2024) as the object of analysis. The main character in this movie is named Aza Holmes. She shows the anxiety problems she faces. Therefore, this research aims to describe the types of anxiety experienced by the main character and the causes of the main character's anxiety. This research uses Sigmund Freud's psychoanalysis theory that views anxiety as the ego's reaction to pressure from the id, superego, and reality. The researcher found three types of anxiety experienced by Aza Holmes, namely realistic anxiety, neurotic anxiety, and moral anxiety. Then the researcher found that the causes of anxiety felt by Aza Holmes include conflict, frustration, environment, threat, and age. In addition, this research was conducted with a qualitative descriptive method through content analysis of relevant scenes, monologue, and dialogues, then categorized according to indicators of types and causes of anxiety.

Keywords: Anxiety, Psychoanalysis, Sigmund Freud, Turtles All the Way Down.



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Jakarta, August 23rd, 2025



Elda Elvina

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