

## CHAPTER V

### CONCLUSION AND SUGGESTION

In this chapter, the researcher presents conclusion and suggestion of the whole research.

#### 5.1 Conclusion

Based on the research, the researchers found a PTSD (*Post Traumatic Stress Disorder*) factor experienced by Violet Markey in Jennifer Niven's film *All the Bright Places*. The factor that causes PTSD (*Post Traumatic Stress Disorder*) is the accident and the loss of her sister, Eleanor.

There are several symptoms of PTSD (*Post Traumatic Stress Disorder*). The first symptom of PTSD (*Post Traumatic Stress Disorder*) is the avoidance symptom. The first avoidance of Violet Markey is avoiding places or objects that remind her to the trauma such as driving a car. The second avoidance is that Violet Markey avoid the event that remind her to the accident such as birthday party of her sister. The second symptom of PTSD (*Post Traumatic Stress Disorder*) is a negative change in mood and cognition, such as blaming her self for the accident, being aware from the others, and not willing to interact with others.

Theodore Finch is one of the reasons Violet Markey was able to recover from her traumatic period. Theodore wanted Violet to get out of her trauma in various ways. Theodore's first way was to take Violet Markey to several places that Violet had never visited before, such as the Eiffel Tower at Barlett, an empty building containing lots of handwriting, a playground and a lake. Theodore tried to

make the things they did in those places fun, and that's where Violet could begin to show her happiness again, even if it was just simple. The second way that Theodore does this is by always giving attention and support to Violet. Theodore always asks what Violet is feeling and if Violet is feeling sad because she always remembers the accident, Theodore always supports Violet. Besides Theodore, Violet's parents always give Violet a favor if it's a positive thing. In short, the support of surrounding such as family and friend is the main factor of recovering from her trauma.

## 5. 2 Suggestion

Based on the main results of this study that reveals the factor PTSD (Post Traumatic Stress Disorder), symptoms of PTSD (Post Traumatic Stress Disorder) and how to recover, the advice that can be suggested is that all the problems in the film *All the Bright Places* by Jennifer Niven should be used as a lesson for literary readers and readers to become aware of the PTSD (Post Traumatic Stress Disorder). The researcher hopes that this research could be used as a reference for other research that studies post-traumatic stress disorder.