CHAPTER V

CONCLUSION AND SUGGESTION

This chapter consists of conclusions and suggestions. The conclusion section refers to the answers of the research questions and explains the objectives of this research. The suggestions section contains some advises to the other researchers regarding this object.

5.1 Conclusion

The research findings show that a total of 32 data were collected in the preparation of this research. After in-depth research, it can be concluded that the main character, Barbie, experiences anxiety which then leads her to carry out defense mechanisms to protect herself from strange feeling which are perceived through her ID or unconsciousness. Researchers found that the main character has realistic anxiety and moral anxiety type. It is proven by 8 data of realistic anxiety and 1 datum of moral anxiety that show the anxiety she faces. This anxiety is also proven by the core issues of anxiety contained in the 10 data scenes. The core anxiety issues experienced by the main character is the fear of intimacy which is supported by 4 data, fear of abandonment which is supported by 2 data, low self-esteem which is supported by 2 data, and insecurity which is supported by 2 data. Furthermore, the core issues of anxiety make the main character has to do self-protection which is called defense mechanisms. The results show that the main character uses 6 types of defense mechanisms which are proven by 13 data. The defense mechanisms are denial supported by 3 data, reaction formation supported

by 3 data, displacement supported by 2 data, projection by 1 datum, regression by 3 data, and rationalization by 1 datum.

Based on these results, it can be concluded that the main character's problem is when she feels negative feelings that never existed in her world. Because she is used to being positive and living a pleasant life, when faced with something negative that is part of life, she feels afraid and anxious. So, it can be concluded that the feelings of anxiety experienced by the main character are present because of the strangeness in her body, which gives rise to feelings of insecurity and makes her feel like she needs to do self-defense mechanisms.

5.2 Suggestion

Researchers realize that this research is far from perfection. There are still many human errors and other errors. Even so, the researcher hopes that the results of the research that has been carried out can become a reference in researching the same material topic, as well as the same research object. Researchers hope that this research can provide additional understanding regarding critical psychological analysis of literature using anxiety theory and defense mechanisms. Researchers also hope that this research can provide a deeper understanding of the defense mechanisms that a person uses due to anxiety. Researchers hope that people need to be aware of anxiety and the impact of anxiety on a person, by using films as a learning medium. Furthermore, the researchers hopes that this research object can be studied further from a different perspective so that this object can be studied more deeply.