

## CHAPTER V

### CONCLUSION AND SUGGESTION

This chapter presents conclusions and suggestions from the analysis in chapter IV. The conclusions consists the result of analysis unraveling the layers of meaning by dream interpretation in *The Science of Sleep* Movie. The suggestion contains advices for the reader about this research.

#### 5.1 Conclusion

Based on the findings of this study, this part concludes all of the findings, which were based on Sigmund Freud's interpretation of dream theory on the main character dreams in *The Science of Sleep*.

In conclusion, the researcher discovered seven dreams in Chapter IV, which were all analyzed. There are two subcategories in Chapter IV. The first is the content types, which contains manifest and latent content, each containing seven dreams. The second subcategory is a dream symbols, consisting of a wish for fulfillment and the fear of realization. There are five dreams in the wish of fulfillment that have been analyzed. In the fear of realization symbol, there are 3 dreams that have been analyzed. Based on all of the Stephane's dreams it can be seen that the dreams reveal a sense of the complex combination of feelings, wants, and anxieties that form his subconscious. These dreams emphasize Stephane's inner battles with regret, unworthiness, longing for forgiveness, and rejection anxiety through symbolic scenes and reoccurring motifs. The dream sequences also illuminate Stephane's complicated relationships, especially his relationship with Stephanie, as he struggles to balance his need for connection and honesty with

emotions of insecurity and dread of being held accountable for his previous deeds. Authority figures, romantic rivals, and chaotic circumstances all serve to highlight Stephane's internal struggles and the difficulties he encounters when juggling his personal and professional lives.

## **5.2 Suggestion**

In this study, the researcher discussed the psychological issue, specifically the interpretation of dreams by Sigmund Freud toward on Stephane Miroux dreams, the main character in the movie *The Science of Sleep*. There are still many topics that have not been covered in either the theory or the research object, therefore readers who are interested in analyzing a movie through the lens of dream theory can use this research as a previous study. The researcher hope that this research will help people learn more about their own feelings and thoughts, potentially leading to new approaches that will help people with their emotions and mental health.

