

CHAPTER V

CONCLUSION AND SUGGESTION

5.1 Conclusion

Based on the analysis of the series *After Life*, particularly the character Tony, it can be concluded that after losing his wife, Lisa, to cancer, he experienced a crisis in finding meaning in his life. This crisis is evident in his feelings of despair, cynicism, anger, and tendency to withdraw from his surroundings. Tony's actions reflect the characteristics of existential emptiness, as described by Viktor E, which is a feeling of emptiness that causes a person to lose their sense of direction and purpose in life.

Tony's search for meaning in life then developed through interactions with the people around him. From a logotherapy perspective, Tony's journey illustrates three main pillars: *Freedom of Will* is to make choices, evident when he realized his independence in dealing with suffering; *Will to Meaning*, is in of his efforts to seek a new purpose in life; and *the Meaning of Life*, which emerged through the tree of values, such as: *Attitudinal Values*, the ability to find meaning in life amidst suffering; *Experiential Values*, the ability to find meaning through valuable life experiences with loved ones; and *Creative Values*, the ability to find meaning in life through tangible contributions to others. This transformation demonstrates that meaning in life can be found even in difficult times, provided that individuals are willing to take responsibility for their choices and remain open to values that transcend their own selves.

5.2 Suggestion

The results of this study are expected to serve as a reference for readers and viewers to understand how fictional characters represent the concept of Logotherapy in everyday life. This study is also expected to provide inspiration and motivation to readers and viewers who are facing a crisis of meaning in life to begin to believe that suffering in life does not always end in despair. There are still many simple things scattered around that can be found and used as reasons to accept and endure.

After Life series can serve as a reflection that the meaning of life is often found in relationships, positive contributions, and appreciation for simple things. This study can also serve as a foundation for further studies aimed at developing analyses of other characters or comparing representations of the search for meaning in life in different works of fiction through the Logotherapy perspective.

