



**ANXIETY AND DEFENSE MECHANISM OF ROCKET
RACCOON IN GUARDIANS OF THE GALAXY:
VOLUME 3 (2023) MOVIE**

Undergraduate Thesis
Submitted in partial fulfillment of the requirements
for the Sarjana Sastra (S.S)

**OCTAVIANA DWI SAPUTRI
202003516054**

ENGLISH LITERATURE STUDY PROGRAM
FACULTY OF LANGUAGES AND LITERATURE
UNIVERSITAS NASIONAL
JAKARTA
2024



**ANXIETY AND DEFENSE MECHANISM OF ROCKET
RACCOON IN GUARDIANS OF THE GALAXY:
VOLUME 3 (2023) MOVIE**

Undergraduate Thesis
Submitted in partial fulfillment of the requirements
for the Sarjana Sastra (S.S)

**OCTAVIANA DWI SAPUTRI
202003516054**

ENGLISH LITERATURE STUDY PROGRAM
FACULTY OF LANGUAGES AND LITERATURE
UNIVERSITAS NASIONAL
JAKARTA
2024

FORM OF APPROVAL

We hereby certify that MISS Octaviana Dwi Saputri, a registered student of this university and having completed the writing of her undergraduate thesis in accordance with her requirements of the university, is declared ready for defense.

Title of Undergraduate Thesis:

**Anxiety and Defense Mechanism of Rocket Raccoon in
Guardians of the Galaxy: Volume 3 (2023) Movie**

Dr. Siti Tuti Alawiyah, M.Hum.

Ahmad Mustolih, S.S., M.A.

Head of Study Program

Advisor



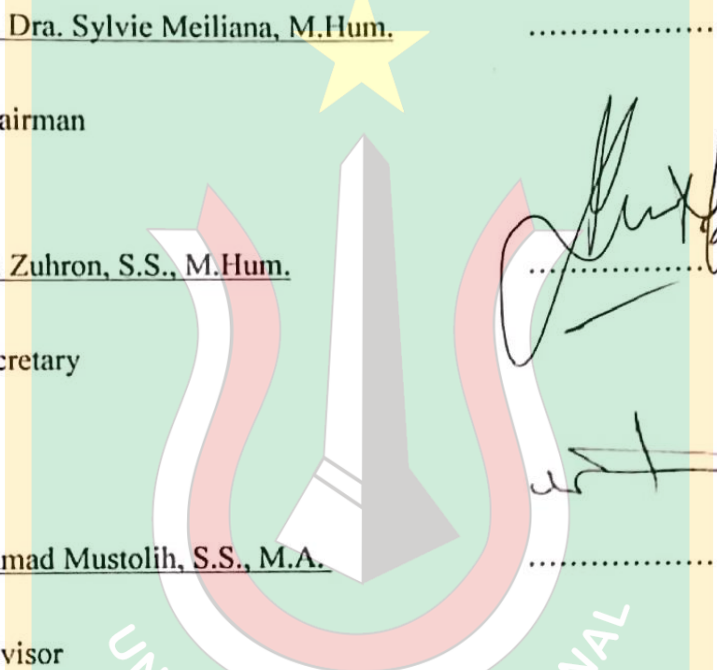
February 19th, 2024

February 19th, 2024

FORM OF RATIFICATION

Examined on this day, February 19th, 2024 by:

The Board of Examiners:

- 
1. Dr. Dra. Sylvie Meiliana, M.Hum.
Chairman
2. Dr. Zuhron, S.S., M.Hum.
Secretary
3. Ahmad Mustolih, S.S., M.A.
Advisor

Ratified on this day, February 19th, 2024 by:

Dr. Siti Tuti Alawiyah, M.Hum.

Dr. Somadi Sosrohadi, M.Pd.

Head of Study Program

Dean of Faculty of
Languages and Literature



FORM OF PLAGIARISM STATEMENT

The undersigned,

Name : Octaviana Dwi Saputri

Student's Number 202003516054

Study Program : English Literature

declares that, apart from properly referenced quotations, this Undergraduate

Thesis entitled:

**Anxiety and Defense Mechanism of Rocket Raccoon in
Guardians of the Galaxy: Volume 3 (2023) Movie**

is my own work and contains no plagiarism, it has not been submitted previously
for any other assessed unit on this or other degree courses.

I have read and understood the university regulations on conduct of examinations.

Jakarta, February 19th, 2024



Octaviana Dwi Saputri

202003516054

ACKNOWLEDGEMENTS

Alhamdulillah rabil 'alamin, the researcher expresses highest gratitude and praises to Allah S.W.T. and Rasullullah, Prophet Muhammad S.A.W., for blessing, love, opportunity, health, and mercy in completing this undergraduate thesis. This undergraduate thesis entitled “Anxiety and Defense Mechanism of Rocket Raccoon in Guardians of the Galaxy: Volume 3 (2023) Movie” is submitted in partial fulfillment of the requirements for the *Sarjana Sastra* (S.S.) at the Faculty of Languages and Literature Universitas Nasional.

In arranging this undergraduate thesis, a lot of people have provided motivation, advice, and support for the researcher. In this valuable chance, the researcher intend to express her gratitude and appreciation to:

1. Dr. Somadi Sosrohadi, M.Pd., as the Dean of Faculty of Languages and Literature at Universitas Nasional.
2. Dr. Siti Tuti Alawiyah, M.Hum., as the Head of English Literature Study Program at Universitas Nasional.
3. My advisor, Ahmad Mustolih, S.S., M.A., who has provided his guidance, advice, patience, energy, time, effort, and prayers through finishing my undergraduate thesis. Thank you for your help and support; it means a lot to me.
4. All of the lecturers of English Literature Study Program at Universitas Nasional, who have given me knowledge and experiences, have helped me be a good student. Thank you for all of your hard work, energy, time, and effort.

5. All of my family, especially my parents, my aunt; Lia Fany Utamie, A.Md.AP., S.AP., and my grandmother. Thank you for all your support, help, effort, and prayers throughout my college journey, from the very beginning to the completion of my undergraduate thesis. Gratitude always comes first for having such a great and supportive family by my side. Also, a big thank you to my beloved cats, who make me smile, bring happiness, and help reduce my stress while I work on my undergraduate thesis.
6. My beloved K-pop idols, especially Jeong Jaehyun, Park Jeongwoo, Jeon Wonwoo, and the rest of them that I can't able to mention, thank you for being one of my sources of happiness. Thank you for motivating and encouraging me until I finally complete my undergraduate thesis.
7. My dearest internet best friend and one of my human diaries, Amalia Renika Anantri S. Li., thank you for being an amazing best friend, helping me, supporting me, and sticking with me since 2015 until now—from day 1 of my journey as an English Literature student until I completed my undergraduate thesis. I truly appreciate it, and it means a lot to me.
8. My elementary school and junior high school friend, Nada Ikrima, thank you for accompanying me back then to register at Universitas Nasional, and thank you for your support and help throughout my ups and downs over the past decade, from day 1 until now. My Twitter friends, Evelyn Ayu Rohalia S.AK., and Octavia Rizqi Yulinar S.AP., thank you for being such great friends and for supporting and encouraging me since 2020.

Both of your support has been invaluable throughout the ups and downs of my college journey, starting from the very beginning as an English Literature student until now. My senior high school friends, Halwa Dania Dasmawih S.E., and Sri Dewi Larasati S.Ikom, thank you for both of your help and support while I complete my undergraduate thesis.

9. All of the musicians, especially Treasure, Seventeen, NCT 127, NewJeans, One Direction, Tulus, Raisa, and others whom I can't mention, as well as all the actors and actresses whose movies and series I've enjoyed. Thank you for your songs, series, and movies that have not only entertained me but have also been a source of comfort and helped alleviate my stress during the completion of my undergraduate thesis. You all have been such great inspirations. Also, I would like to thank everybody who was important to the successful realization of this undergraduate thesis.
10. Finally, last but not least, I want to thank myself. Thank you for keeping yourself sane, staying strong, and believing in yourself to complete this undergraduate thesis. You've made it, V!

This undergraduate thesis is far from perfect, but it is expected to be useful not only for the researcher but also for the readers. For this reason, constructive and thoughtful suggestions and critiques are welcomed.

Jakarta, February 19th, 2024



Octaviana Dwi Saputri

TABLE OF CONTENTS

FORM OF APPROVAL	i
FORM OF RATIFICATION	ii
FORM OF PLAGIARISM STATEMENT	iii
ACKNOWLEDGEMENTS.....	iv
TABLE OF CONTENTS.....	vii
ABSTRACT	ix
LIST OF PICTURES	x
CHAPTER I INTRODUCTION	
1.1 Background of the Study	1
1.2 Limitation of the Problem.....	4
1.3 Research Questions	4
1.4 Objective of the Research.....	4
CHAPTER II REVIEW OF RELATED LITERATURE AND THEORETICAL FRAMEWORK	
2.1 Review of Related Theories.....	5
2.1.1 Psychology of Literature	5
2.1.2 Psychoanalysis	5
2.1.3 Id.....	6
2.1.4 Ego	6
2.1.5 Superego.....	6
2.1.3 Anxiety	7
2.1.4 Core Issues and Their Relationship to Anxiety	8
2.1.5 Defense Mechanisms	9
2.1 Previous Studies	11
2.2 Theoretical Framework.....	17
CHAPTER III RESEARCH METHOD	
3.1 Research Approach.....	18
3.2 Data and Source of Data	19
3.3 Technique of Collecting Data	19
3.4 Technique of Analyzing Data.....	20

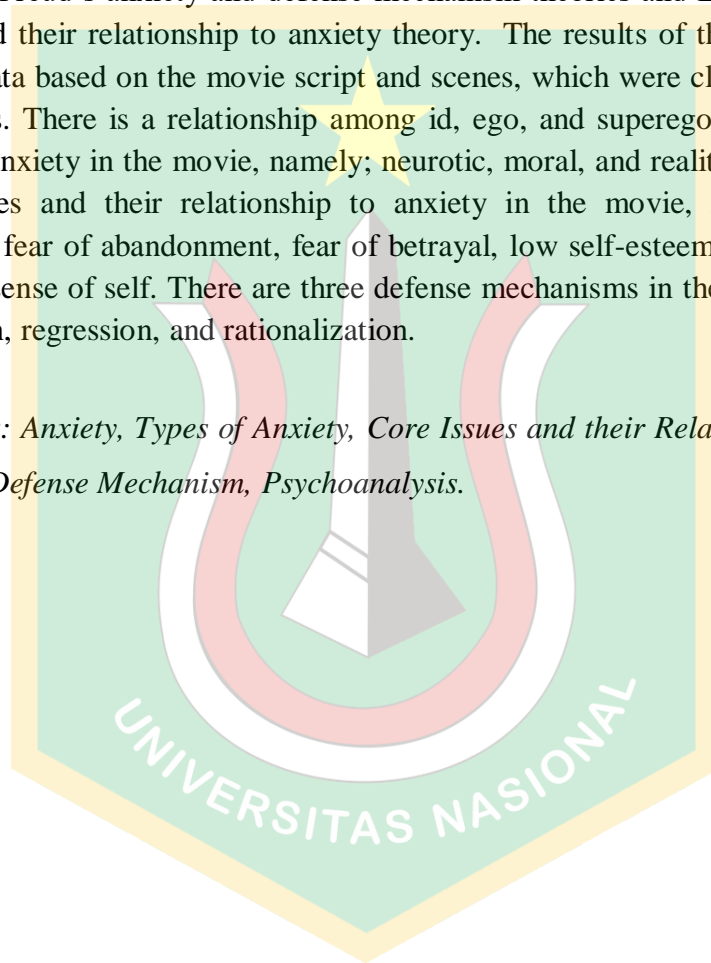
CHAPTER IV DATA ANALYSIS

4.1 The Psychoanalysis (Id, Ego, and Superego).....	21
4.1.1 Id	21
4.1.2 Ego	28
4.1.3 Superego	32
4.2 The Types of Rocket Raccoon’s Anxiety.....	35
4.2.1 Neurotic Anxiety	35
4.2.2 Moral Anxiety	42
4.2.3 Reality Anxiety	44
4.3 The Core Issues and Their Relationship to Anxiety	48
4.3.1 Fear of Intimacy	48
4.3.2 Fear of Abandonment	55
4.3.3 Fear of Betrayal.....	64
4.3.4 Low Self-esteem	67
4.3.5 Insecure or Unstable Sense of Self.....	69
4.4 The Defense Mechanisms	71
4.4.1 Repression	71
4.4.2 Regression	72
4.4.3 Rationalization	74
CHAPTER V CONCLUSION AND SUGGESTION	
5.1 Conclusion	77
5.2 Suggestion.....	78
REFERENCES	80
UNDERGRADUATE THESIS CONSULTATION CARD.....	85
CURRICULUM VITAE	87

ABSTRACT

The title of this undergraduate thesis is “Anxiety and Defense Mechanism in Guardians of the Galaxy: Volume 3 (2023) Movie”. The purposes of this undergraduate thesis are to analyze how the character of Rocket Raccoon experienced anxiety and defense mechanisms. The method used in this research is the descriptive-qualitative method, and the theories used in this research are Sigmund Freud’s anxiety and defense mechanism theories and Lois Tyson’s core issues and their relationship to anxiety theory. The results of the research show that 44 data based on the movie script and scenes, which were classified into four categories. There is a relationship among id, ego, and superego. There are three types of anxiety in the movie, namely; neurotic, moral, and reality. There are five core issues and their relationship to anxiety in the movie, namely; fear of intimacy, fear of abandonment, fear of betrayal, low self-esteem, and insecure or unstable sense of self. There are three defense mechanisms in the movie, namely; repression, regression, and rationalization.

Keywords: Anxiety, Types of Anxiety, Core Issues and their Relationship to Anxiety, Defense Mechanism, Psychoanalysis.



LIST OF PICTURES

Figure 4.1 Rocket's Reaction to Lylla's Death	23
Figure 4.2 Rocket Attacks High Evolutionary	24
Figure 4.3 Rocket's Takes a Shot at High Evolutionary's Assistants	25
Figure 4.4 Rocket Avoid the Gunfire.....	26
Figure 4.5 Rocket Tries to Escape From High Evolutionary's Place	26
Figure 4.6 Rocket Attacks High Evolutionary	27
Figure 4.7 Young Rocket Follows High Evolutionary's Command.....	28
Figure 4.8 Young Rocket Gazed Eagerly at the Blue Sky	29
Figure 4.9 High Evolutionary Informs Rocket About Counter-Earth	29
Figure 4.10 Rocket Attacks High Evolutionary	34
Figure 4.11 Baby Rocket on His First Day as an Experiment Subject	36
Figure 4.12 Rocket's Reaction to an Angry Turtle	37
Figure 4.13 Rocket Felt Scared.....	39
Figure 4.14 Rocket Gaspd Hearing High Evolutionary's Statement	41
Figure 4.15 Rocket Met Lylla in His Unconscious Mind	43
Figure 4.16 Baby Rocket on His First Day Before the Experiment Began.....	44
Figure 4.17 Lylla Came Close to Rocket's Cage	45
Figure 4.18 Rocket's Reaction to an Angry Turtle	46
Figure 4.19 Rocket Felt Scared	47
Figure 4.20 Rocket's Reaction to Lylla's Death	50
Figure 4.21 Rocket's Condition After Losing Lylla, Teefs, and Floor	51
Figure 4.22 Lylla Came Close to Rocket's Cage	55
Figure 4.23 Young Rocket Gazed Eagerly at the Blue Sky	56
Figure 4.24 Rocket's Reaction to Lylla's Death	59
Figure 4.25 Rocket's Condition After Losing Lylla, Teefs, and Floor	60
Figure 4.26 Rocket Avoid the Gunfire.....	66
Figure 4.27 Rocket Escaped From High Evolutionary's Place	67
Figure 4.28 Rocket's Reaction to Lylla's Death	73
Figure 4.29 Rocket Met Lylla in His Unconscious Mind	74